OFFICE OF THE PRINCIPAL GOVT. DEGREE COLLEGE TRAL

Report on World No Tobacco Day

On 31st May 2025, Government Degree College Tral observed *World No Tobacco Day* through an awareness programme organized by the Drug De-addiction Committee in collaboration with the NSS units of the college. The event was held under the patronage of the Principal, Prof. (Dr.) Muzafar Ahmad Bhat, with the objective of raising awareness about the harmful effects of tobacco based ingredients and encouraging a tobacco-free lifestyle.

The programme began with an address by the Principal, who emphasized the growing concern over tobacco addiction among youth. He stressed the need for educational institutions to take the lead in promoting health awareness and shaping responsible attitudes. He urged students to stay away from tobacco and to actively participate in building a healthy society.

This was followed by a speech by Dr. Javaid Ahmad Tali, Convenor Drug De-addiction Committee who elaborated on the theme, highlighting the physical, social, and environmental impacts of tobacco use. He also stressed the importance of preventive education and community involvement in curbing the tobacco menace. He called for greater youth engagement in anti-tobacco campaigns.

The session was moderated by Dr. Aashiq Hussain, Department of English. He also delivered the vote of thanks, appreciating the contributions of the speakers, organizing members, and the active involvement of faculty members and students. To mark the conclusion of the event, he led the gathering in taking a solemn anti-tobacco pledge, wherein participants vowed to abstain from tobacco use and raise awareness about its dangers.

The programme concluded with a strong message on personal and collective responsibility in building a tobacco-free society, reflecting the college's on-going commitment to health, awareness, and social well-being.



Convenor Drug De-Addiction Committee

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